

~ March 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
18	19	20	21 Wednesday night Workout Swim 6:30 pm Aquatic Park	22	23	24
25	26	27	28	29	30	31

~ April 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Wednesday night Workout Swim 6:30 pm Aquatic Park	5	6	7 Intro to Open Water Clinic 11 am to 2 pm Aquatic Park
8	9 Monday Night Coached Swim 6:30 pm Aquatic Park	10	11	12	13	14
15	16	17	18 Wednesday night Workout Swim 6:30 pm Aquatic Park	19	20	21 Expedition Swim Alcatraz to AP 6:00 am meet
22	23 Monday Night Coached Swim 6:30 pm Aquatic Park	24	25	26	27	28
29	30					

~ May 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Wednesday night Workout Swim 6:30 pm Aquatic Park	3	4	5
6	7 Monday Night Coached Swim 6:30 pm Aquatic Park	8	9	10	11	12 Expedition Swim Bridge to Bridge (BB to GGB) 6:15 am meet
						Intro to Open Water Swimming Clinic 1 to 4 pm Aquatic Park
13 Expedition Swim Alcatraz to Crissy Field 6:30 am meet HAPPY MOTHER'S DAY	14	15	16 Wednesday night Workout Swim 6:30 pm Aquatic Park	17	18	19
20	21 Monday Night Coached Swim 6:30 pm Aquatic Park	22	23	24	25	26 Expedition Swim Alcatraz to Golden Gate Bridge 7:00 am meet
27	28 Memorial Day	29	30 Wednesday night Workout Swim 6:30 pm Aquatic Park	31		

~ June 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Monday Night Coached Swim 6:30 pm Aquatic Park	5	6	7	8	9 Expedition Swim ATT Park to Aquatic Park 5:45 am meet
10 Intro to Open Water Clinic 11 am to 2 pm Aquatic Park	11	12	13 Wednesday night Workout Swim 6:30 pm Aquatic Park	14	15	16
17 HAPPY FATHER'S DAY	18 Monday Night Coached Swim 6:30 pm Aquatic Park	19	20	21	22	23
24	25	26	27 Wednesday night Workout Swim 6:30 pm Aquatic Park	28	29	30

~ July 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Monday Night Coached Swim 6:30 pm Aquatic Park	3	4	5	6	7 Expedition Swim Alcatraz to AP 8:15 am meet
8 Expedition Swim Bridge to Bridge (BB to GGB) 5:45 am meet 7:15 am jump Tri Cal Escape from Alcatraz race.	9	10 Intro to Open Water Clinic 5 pm to 8 pm Aquatic Park	11 Wednesday night Workout Swim 6:30 pm Aquatic Park	12	13	14
15	16 Monday Night Coached Swim 6:30 pm Aquatic Park	17	18	19	20	21
22	23	24	25 Wednesday night Workout Swim 6:30 pm Aquatic Park	26	27	28
29	30 Monday Night Coached Swim 6:30 pm Aquatic Park	31				

~ August 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Intro to Open Water Clinic 1 to 4 pm Aquatic Park
5	6	7	8 Wednesday night Workout Swim 6:30 pm Aquatic Park	9	10	11 America's Cup
12 America's Cup	13 America's Cup Monday Night Coached Swim 6:30 pm Aquatic Park <i>Tentatively scheduled, depending on America's Cup activities. Stay tuned to learn if we will swim or not</i>	14 America's Cup	15 America's Cup	16 America's Cup	17 America's Cup	18 America's Cup
19 America's Cup	20	21	22 Wednesday night Workout Swim 6:30 pm Aquatic Park	23	24	25
26 Expedition Swim Trans GGB 8:00 am meet	27 Monday Night Coached Swim 6:30 pm Aquatic Park	28	29	30	31	

~ September 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Labor Day	4	5 Wednesday night Workout Swim 6:15 pm Aquatic Park	6	7	8
9	10 Monday Night Coached Swim 6:15 pm Aquatic Park	11	12	13	14	15
16	17	18	19 Wednesday night Workout Swim 6:15 pm Aquatic Park	20	21	22
23	24	25	26	27	28	29
30 Expedition Swim Bridge to Bridge (Golden Gate to Bay) 7:00 am meet						

~ October 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 Expedition Swim Alcatraz to AP 5:30 am meet	8 Expedition Swim Trans GGB 6:15 am meet	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			